

The Merton Story 2019

Overall healthy and safe borough, rich in assets

CHALLENGES

Inequalities and the health divide

Healthy lifestyles and emotional wellbeing

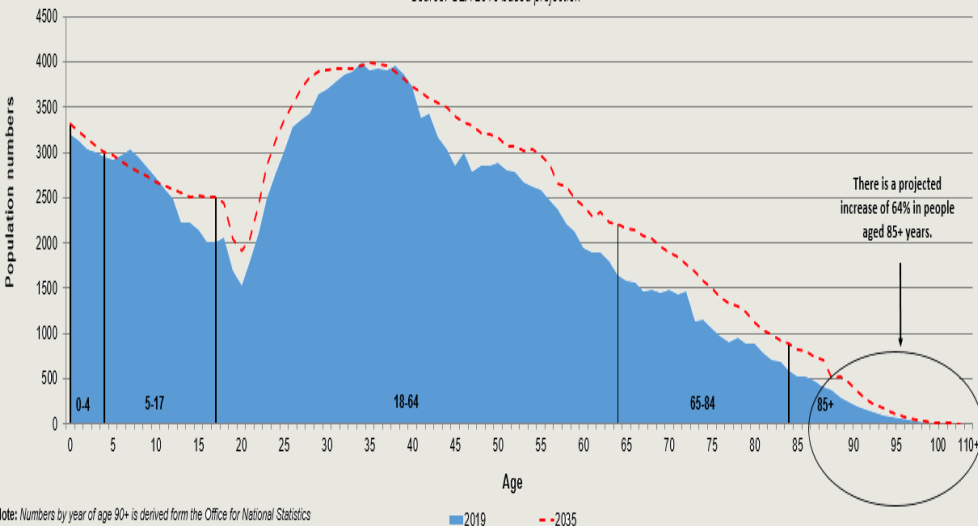
Child and family resilience and vulnerability

Increasing complex needs and multi-morbidity

Hidden harms and emerging issues

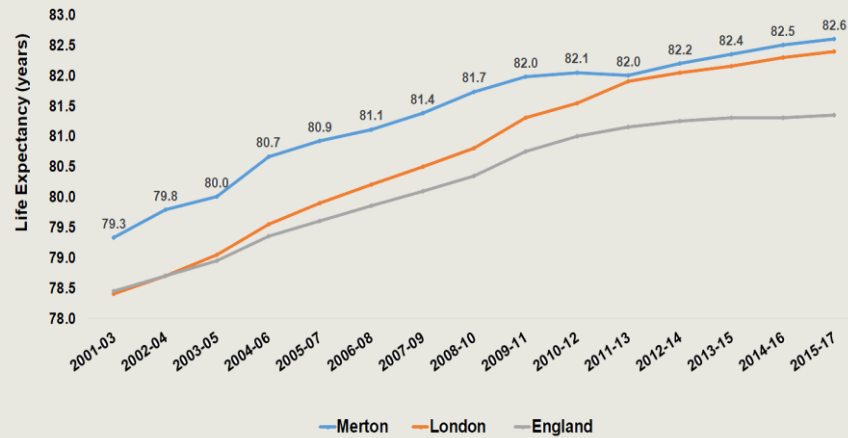
Population in Merton (all persons) by single age band, 2019 and 2035

Population in Merton (all persons) by single age band, 2019 and 2035
Source: GLA 2016 based projection



Overall healthy and safe borough

Life Expectancy at birth for people in Merton, London and England

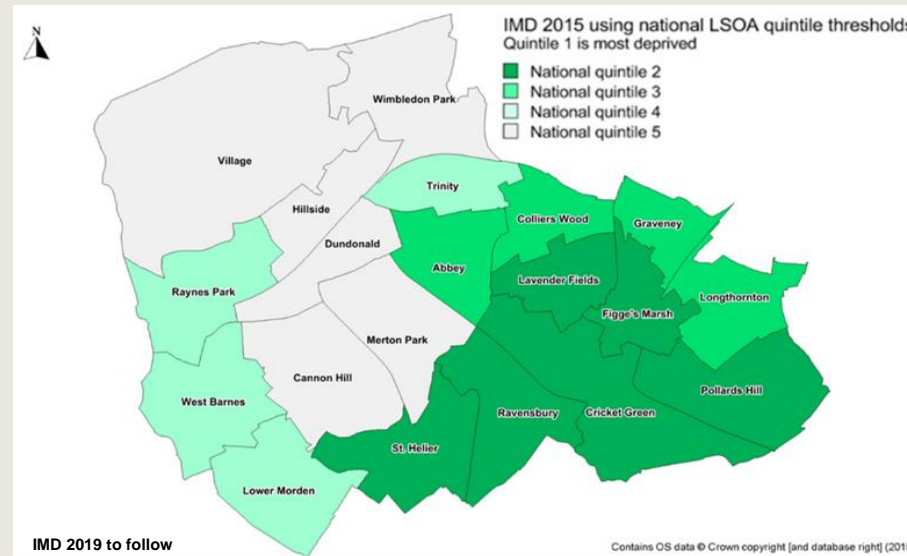


Rich in Assets

- Many green spaces
- Active voluntary and community sector
- Good transport connections (especially in west Merton)
- Resourceful libraries
- Good schools
- Cycling infrastructure



Inequalities and the health divide








Significant social inequalities between east and west.

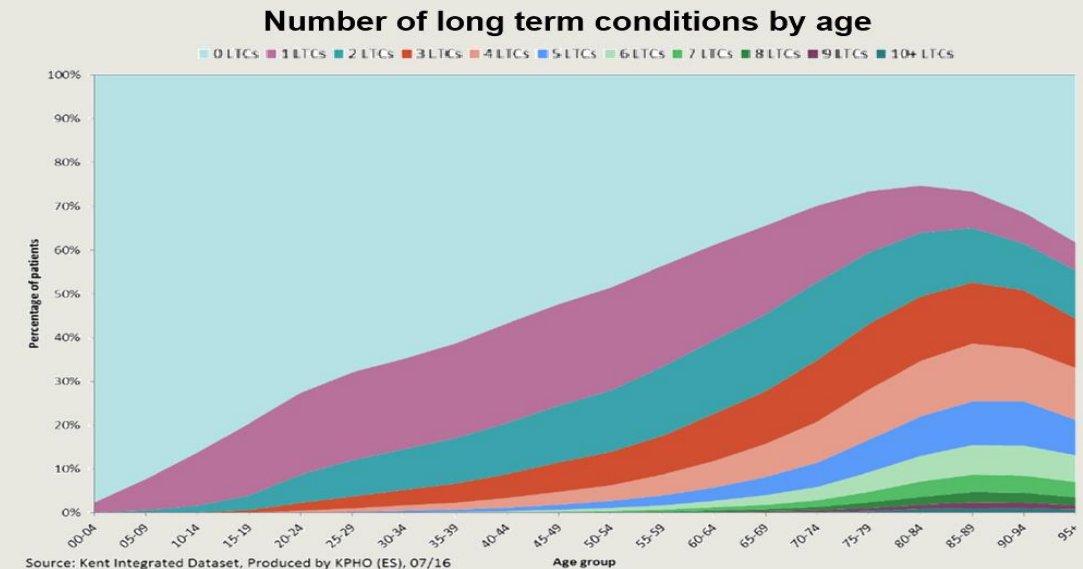
Similar patterns for:

- Life expectancy
- Unemployment
- Long term conditions
- Educational attainment
- Overcrowding

Healthy lifestyles and emotional wellbeing

	Number of adults in Merton (% of adult population)	Risk Factors
	31,000 (20%)	Exercise - Adults doing less than 30 minutes of moderate intensity physical activity per week
	68,200 (43%)	Healthy eating - Adults not meeting the recommended '5-a-day' on a 'usual day'
	40,700 (26%)	Alcohol - Adults drinking above the recommended limit of alcohol a week
	17,600 (11%)	Smoking - Adults who smoke
	19,000 (12%)	Mental Wellbeing - Adults with depression or anxiety recorded by GPs

Increasing complex needs and multi-morbidity



N.B. This is illustrative data – pattern in Merton will be similar

Total number of long term conditions increases with age e.g. 75% of people aged 80-84 years have at least 1 long term condition; 50% have 3 or more.

Child and family vulnerability and resilience

Good things happening...

- School readiness
- Reduced teenage pregnancy
- 16-17 year olds not in education, employment or training (NEET)
- Dental health

Keeping an eye on...

- Increasing childhood obesity gaps
- Substance misuse
- Poverty and poor social circumstances

Worrying about...

- Mental health and self-harm
- Rise in number of children and young people with Education and Health Care Plans
- Safety outside of home

Hidden harms and emerging issues

Hidden harms



Excess winter deaths



Parents and carers with mental health/substance misuse issues



Knife crime

Emerging issues



Air pollution



County lines



Increase in Special Educational Needs and Disability (SEND)



Workforce shortages