



South West London and St George's Mental Health NHS Trust



### PREPARING FOR ADULTHOOD / TRANSITION



#### WHAT IS TRANSITION / PREPARING FOR ADULTHOOD?

- Transition is when a young person moves from using children's services to adult services.
- Preparing for adulthood is a very significant time for all young people and their families. It can be stressful especially if you have special educational needs and disabilities.
- Our aim is for all young people with special educational needs and disabilities to have access to the right opportunities so they can reach their full potential.



#### TRANSITION

- Children's services and the Transition Team work together to agree how the young person and their family will be supported.
- This discussion can start from age 14 (year 9) but usually starts after the young person has reached the age of 16, depending on their situation and needs. A transition assessment will determine if the young person is eligible for support when they become an adult at 18-years-old.



## MERTON TRANSITION TEAM

- The Transition Team are social workers that support young people and their families transitioning from children's to adult services. They all have experience of working with young people.
- The team advise young people with special educational needs and disabilities and their families on all areas of the transition process.
- We work together with children's services to provide a positive experience of transition for young people with special educational needs and disabilities who will potentially require adult services.
- We will undertake a transition assessment if a young person is likely to have needs that mean they will require support at the age of 18.
- We work with people in other teams, like Health and Education professionals.
- We will work with people who have not previously received services from children's services.



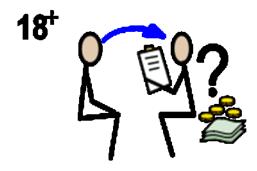
# HOW WE CAN HELP

- The young person will meet with one of our social workers from the Transition Team who will discuss their needs with them and their family.
- We offer advice, guidance and support on the following:
  - ➤ Health
  - Employment
  - > Relationships
  - > Housing
  - > Money matters
  - > Access to leisure opportunities
  - > Travelling independently
  - > Future education or training
- We are committed to helping young people to achieve their hopes and aspirations for their future.



### PAYING FOR SUPPORT

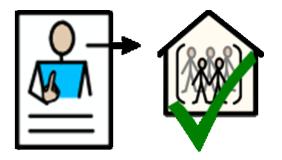
• Support in children's services is free of charge for the young person and their family. However, when a young person turns 18-years-old and needs support from adult services, a financial assessment will be undertaken as they may need to contribute to the cost of their care.





## REFERRALS

- Referrals can be made by contacting our Transition Team by phone or by email.
- Anyone can make a referral including the young person, their families, the young person's G.P, Education, Support Providers or Community Services.
- Our team will then help to refer to the most appropriate service for the young person.





## CONTACT US

• If you would like more information or you have an enquiry, please contact the Merton Transition Team by email, phone or post:

Transition.Team@merton.gov.uk



email

020 8545 3033

Merton Transition Team 4<sup>th</sup> Floor Civic Centre Morden SM4 5DX 1