A new cycle path has just opened through Morden Park and is ready for you to try out! The path connects the A24 road with Hillcross Avenue and provides pedestrians and cyclists with easy access to the park.

Sustrans, the UK’s leading sustainable transport charity, has been working with the local council and Transport for London on this project. They hope that having a safe and pleasant place to cycle will encourage lots more people to get on their bikes and cycle to school and work.

Sustrans would like everyone to use sustainable transport to get around and are helping people in Merton by providing the new path through Morden Park. Walking and cycling are good for the environment, a great form of exercise and lots of fun. Nearly a quarter of all adults in the UK are obese, and 27% of girls and 24% of boys aged 11-16 are also obese. Cycling or walking can help tackle this.

Morden Park Cycle track is part of a special project designed to provide pedestrians, cyclists and wheelchair users with green, quiet places to cycle or walk. It is called a Greenway, which means it is a traffic free lane. Other Greenways have been developed alongside rivers, near old railway paths, on canal towpaths as well as being specially built.

This path will soon link up with other safe cycling routes in the area. Eventually you will be able to cycle from Joseph Hood recreation Ground and Wimbledon town to Morden Park.

Why don’t you and your friends try out the new path this weekend!