Walk and Cycle Route

**WANDLE PARK TO PLOUGH LANE**  
(1.6km, 21 mins)
- Take Bygones Road, cross the bridge over the river, follow along the path. When you reach the next bridge, cross the river into the Wandle Meadow Nature Park.
- Wandle Meadow Nature Park was until recently a sewage works, but is now managed as a Local Nature Reserve. Under the road bridge and leaving the river, walk past the pylon through the centre of the park towards the railway. Leave the path via the bridge next to the tunnel under the railway line.
- This tunnel indicates the position of the Surrey Iron Railway (early C19th).

**MERTON ABBEY MILLS TO WANDLE PARK**  
(1.7km, 25 mins)
- Follow the path over Kimber Road, into Trewint Street Bridge. Over the bridge into Trewint Street.
- Follow the path for about 1 km, through the wetland to the bridge. Cross the bridge over the river into Wandle Meadow Nature Park.
- Muddy deposits at the edge of the river allow some plants to get a foothold, including the pretty, but nuisance Rumex obtusifolius and Pendulous Sedge. Taking Summerley Street then up onto Garratt Lane. Pass under the railway bridge with Earlsfield station on your right. Turn right across the river and you will pass a plaque controlled crossing, and go through the archway.

**MORDEN HALL PARK TO MERTON ABBEY MILLS**  
(1.7km, 25 mins)
- Follow the river round past Bell Lane Creek to the Lift, and a view of the River Thames.
- The path of Bell Lane Creek is heavily grazed with Marsh Yellow Clover and Gentian Aspen. There are large numbers of lilies in this stream and they can occasionally be seen taking advantage of this food source.
- The lift is an area of land protruding into the Wandle Meadow Nature Park, a former sewage works with the River Thames. Small, drab and flower poor in this area, attracting a variety of birds including the Great Crested Grebe. Tidal terraces have recently been created to encourage such bird life.

**KING GEORGE’S PARK**  
(1.2km, 17 mins)
- Before reaching the park you will pass an acid green crackling, the remains of a WW2 army coal depot. Keeping to the right of the park (and left of the river), follow the river over Kimber Road, into a sports field, then leave the river to travel down to a lower field to travel behind the Lusace Centre over into Fareham Mill. Then onto the Watercress Line.
- Follow the path through the wetland to the bridge. Cross the bridge over the river into Wandle Meadow Nature Park.
- The large former water mill building on your left is the old Condon’s Mill, built in the late C19th by John Wandle, which was moved to Wandsworth to the Surrey Iron Railway.

**POULTER PARK TO MORDEN HALL PARK**  
(1.8km, 25 mins)
- Pass Bushy Park’s Low Sports and pitchlets on left. Continue towards Holmes Hall. Go right into Poole’s Mill Nature Reserve on your right, into Bushy Park Road. Continue past the water mill and cross the road using central relay, then onto Poulter Park. Cross over 2 small bridges. Continue through park, with a footbridge to the left, to emerge at Kieron Mill by Ravensbury Mill.

**Countryside Code**
- Enjoy the countryside and respect its life and work.
- Guard against all risk of fires.
- Foul all gates.
- Keep your dog under close control.
- Take your litter home.
- Help to keep all water clean.
- Make no unnecessary noise.
- Follow the Good Cycling Code.

**Good Cycling Code**
- On all routes…
  - Please be courteous. Always cycle with respect for others, whether other cyclists, pedestrians, people in wheelchairs, horse riders or drivers, and acknowledge those who give way to you.
- On shared paths…
  - Give way to pedestrians, giving them plenty of room.
  - Keep to your side of the dividing line, if appropriate.
  - Be prepared to slow down or stop if necessary.
  - Don’t expect to cycle at high speeds.
  - Be careful at junctions, bends and entrances.
  - Remember that many people are hard of hearing or visually impaired – don’t assume they can see or hear you.
  - Carry a bell and use it - don’t surprise people.
  - Give way where there are wheelchair users and horse riders.

**POULTER PARK TO MORDEN HALL PARK**  
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Did you know that walking can have benefits for your health?

As well as being a great way to get out in the fresh air and see your surroundings, walking can help to:

- Increase your fitness, stamina, confidence and well-being
- Reduce the risk of heart disease
- Control body weight
- Strengthen bones
- Lower blood pressure
- Reduce stress and anxiety

The Story of the Wandle Trail

The River Wandle has two sources, in Waddon and Carshalton, and flows to join the River Thames at Richmond, passing through London’s ‘hottest working river’, with over 90 miles of trails. It is a very popular route and is a National Cycle Network’s Route 27.

The Wandle Group, the Wandle Industrial Museum and the riverside London Boroughs have developed the (20 km/14mile long) Wandle Trail. The Trail offers walkers, cyclists and wheelchair users a great way to enjoy and learn about a typical chalk stream in the heart of some of South London’s most industrialised landscapes.

The route description guides walkers from south (East Putney to Carshalton). It is not difficult but is long and is not suitable for wheelchair users. However, the Wandle Trail Partners are committed to making it safer and more accessible for all users. Improvements to the route are in progress. The text describes alternative routes for wheelchair users and people with limited mobility, where necessary.

The map shows both walking and cycling routes, which coincide for much of the way but split in places. It also shows links to other cycle routes and public transport. Part of the Trail is the National Cycle Network Route 22.

The Wandle Trail Art Programme is providing numbered gateways, viewing platforms and distinctive waymarkers. A travelling ‘ways’ fair will be the focus of community rubbish collection events.

The Wandle Trail partners (the London Boroughs of Sutton, Merton and Wandsworth, Groundwork Merton and Sutton and Merton) have published this map to help local people to enjoy the heritage interest of the Wandle Trail and its banks.

Useful numbers & Contacts

Groundwork Merton Telephone: 020 8687 4050 www.groundwork.org.uk/merton
South East: Telephone: 0845 133 0065 www.nationalcytologymark.org.uk (For interactive map/manager)

The Wandle Trail Partnership

The Wandle Trail Partnership is a collaboration of the London Boroughs of Carshalton, Merton and Wandsworth, Towpath Tales and volunteers. The ideas developed from the Wandle Industrial Museum’s earlier map and the ‘Wandle Guide’, published by the London Borough of Sutton for the Wandle Trail Project.

How to get there

By train to East Croydon Station (Brieff, Carshalton, Addington, East Grinstead) or Tramlink (Purley/Sutton/Bruhe Road) to Tramlink to Workington Street Station. Trams run about every 10 minutes to Waddon Station (Purley/Tattenham Corner/East Grinstead – London) (cycling not permitted)

By bus to Wandle Park tran/Stop East Croydon Station. Trams run every 10 minutes 0845 864 49 50 or visit www.nationalrail.co.uk for train times.

By train to Wandle Park tran/Stop East Croydon Station. Trams run every 10 minutes 0845 113 0065 www.wandletrail.org for train times.

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