

BULLETIN

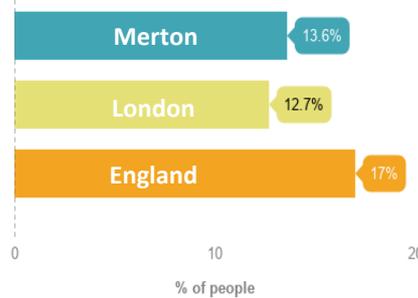
Musculoskeletal Diseases in Merton 2018

Musculoskeletal (MSK) conditions are the leading cause of pain and disability in England and account for one of the highest causes of sickness absence and productivity loss.

MSK & Comorbidity

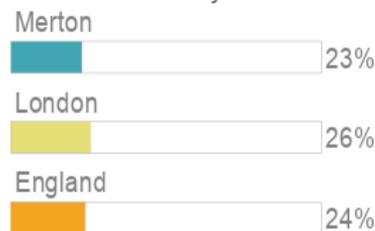
In 2017/18 Merton had a higher percentage of people that had a **long term musculoskeletal problem** compared to London but lower than England. Merton is the **9th highest borough** for the rate of long term MSK conditions in London.

Long term MSK problem



23% of people in Merton have MSK who also reported having **depression and anxiety** which is lower than London (25.9%) and England (24.1%). Merton is the **8th lowest borough in London** for this indicator.

MSK and reported depression and anxiety



In Merton, 8.9% of people in 2017/18 reported having **at least 2 long term conditions** of which one was MSK related. This is similar to London (8.7%) but lower than England (12.1%).

Reported having at least two long term conditions



In 2016/17, **12%** of people reported having **depression or anxiety** which was similar to London (12.4%) but lower than England (13.7%). Merton has a higher percentage of people reporting having depression and anxiety compared to statistical neighbours (Redbridge, Ealing, Enfield and Barnet).

Reported depression or anxiety



Merton had a **better** score for **'average health related quality of life for adults who reported having long term MSK'** compared to London and England. Merton has one of the best scores compared to other London boroughs and ranks as **4th best**.



Back Pain



In 2012, 14.6% of people (of all ages) in Merton had back pain (just over 29,600 people) which is similar to London (14.5%) but lower than England (16.9%). 8.2% of these people have **severe back pain** (almost 16,700 people). This is the same as London (8.2%) and lower than England (10.2%).

In 2016/17 according to a GP patient survey, 8.9% in Merton reported having a **long term back problem** which is similar to London (8.6%) but lower than England

Osteoarthritis



In 2012, **10.7% (7,303) of people over 45 years had hip osteoarthritis**. This is similar to London (10.5%) and England (10.9%).

Merton is the **7th highest** out of all London boroughs for this indicator and is the highest of all statistical neighbours. From this **3.1% (2,138) had severe hip**

In 2016/17, **8.1%** of people in Merton responded to the GP survey as having **reported arthritis or long term joint problems** which is lower than London (8.8%) and England (12.2%). In terms of numbers, Merton (227) is the **5th lowest** of all London boroughs.



17.4% (11,855) of people over 45 years had knee osteoarthritis.

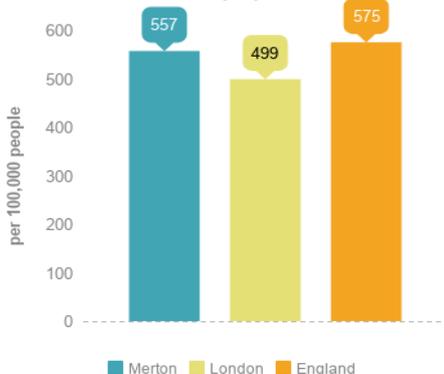
This is similar to London (17%) but lower than England (18.2%). From this **5.8% (3,954) had severe knee osteoarthritis.**



Osteoporosis and fragility fracture

In 2017/18, 217 people in Merton had diagnosed osteoporosis that were 50 years and over which is 0.3% and is lower than London (0.4%) and England (0.6%). Since 2015/16, there has been a general increase in the number of people in Merton that have osteoporosis. Based on the International Osteoporosis Foundation 1 in 15 men and 1 in 5 women have osteoporosis in the UK.

Hip fractures in people aged 65 and over



In 2016/17, 146 people in Merton had **hip fractures** that were aged 65 and over which is 557 per 100,000 people. This is higher than the London average 499 per 100,000 but lower than England 575 per 100,000.

Merton is the 5th highest borough for this indicator in London. Merton is also highest amongst its statistical neighbours.

Rheumatoid arthritis

In 2017/18, 0.6% (1,001) of people in Merton had **rheumatoid arthritis** which is higher than London (0.5%) and lower than England (0.7%).