

**FOOD WASTE**  
Collected:  
every week

**YES PLEASE** ✓



All cooked and uncooked food



Dairy products: cheese and eggs



Fruit and vegetable peelings



Tea bags & coffee grounds



Meat and fish bones

Line your indoor kitchen caddy with compostable liners or old newspaper (no plastic bags).

**✗ NO THANKS**

- Plastic bags
- Packaging
- Oil or liquids

**Recycling**  
Collected:  
every week

**YES PLEASE** ✓



Newspapers and magazines



Card and cardboard



Toilet and kitchen roll tubes



Egg boxes



Junk mail and catalogues



Plastic bottles



Plastic pots, tubs, trays etc.



Glass jars and bottles



Cans, tins, aerosols and tin foil



Food and drinks cartons

Flatten down large cardboard boxes before putting them in the bin.  
Empty and rinse all containers. Squash plastic bottles. Remove film lids from plastic pots, tubs and trays.

**✗ NO THANKS**

- Dirty cardboard (e.g. pizza boxes)
- Shredded paper
- Tissues & paper towels
- Food & drink cartons (these go in your recycling box)
- Plastic bags
- Plastic film
- Crisp packets
- Hard plastics (toys etc)
- Polystyrene

**Rubbish**  
Collected:  
every week

**YES PLEASE** ✓



Non-recyclable rubbish



Dirty cardboard



Plastic bags and film



Polystyrene



Nappies (in a tied bag)

**✗ NO THANKS**

- Anything recyclable
- Electrical items
- Hazardous waste
- DIY waste