

## Merton Young Inspectors Our Charter for Good Sex & Relationship Education and Drug & Alcohol Education

### What do we need to learn about Sex and Relationships?

- Sexual intercourse
- Risks and Consequences – what happens in real life, unwanted pregnancies, STIs and HIV/AIDS
- Abuse and rape
- Love – the difference between good and bad, emotional connections, soul ties
- Laws
- The positives
- Terminology
- Sexuality – science behind this, LGBT, being homosexual, being asexual
- Financial support

### What do we need to learn about Drugs and Alcohol?

- What they contain
- Side effects, limits, damages and dangers
- Mental illness
- How easy it is to access them but why they shouldn't use them
- To inform young people about the consequences
- To try and make sure young people are safe
- To teach them the long term effects of the chemicals they are taking
- Get real time/life stories
- Teach about the positives

### What do teachers need to do to help make SRE/DAE lessons more interesting?

- Interactive resources – cards, role plays, dramas
- Provide information on local services available
- Bring in guest speakers – teenage mothers, health professionals from clinics to speak about STIs and Drugs
- Fliers and booklets
- Games
- Workshops and theatre plays
- Videos, animations and apps

### What can young people do to help each other learn?

- Mutual respect
- Don't be judgemental of each other
- Create a blog where young people can write
- Use group activities
- Share stories / info - be open with each other
- Be sensible, taking other people's feelings into consideration
- Share past stories but keep it confidential
- Don't put peer pressure on each other

**Merton Young Inspectors**  
**Our Charter for Good Sex & Relationship Education and**  
**Drug & Alcohol Education**

We want teachers to be

Confident  
 Enthusiastic  
 Open

Sensible  
 Comfortable  
 Open  
 Glad

We want students to be

We want our SRE and DAE to be

Accessible

SCIENTIFIC      ACCURATE

**Including the positives**

**BETTER**      Gainful      **Comfortable**

**UP TO DATE**      INTERESTING      **FUN**

Approachable      **More informative**

**#COMFORTING**      **Realistic**

**MORE OF IT!**