### Food Waste
- **Collected:** every week
- **YES PLEASE:**
  - All cooked and uncooked food
  - Dairy products: cheese and eggs
  - Fruit and vegetable peelings
  - Tea bags & coffee grounds
  - Meat and fish bones
- **× NO THANKS:**
  - Plastic bags
  - Packaging
  - Oil or liquids

Line your indoor kitchen caddy with compostable liners or old newspaper (no plastic bags).

### Recycling
- **Collected:** every week
- **YES PLEASE:**
  - Newspapers and magazines
  - Card and cardboard
  - Toilet and kitchen roll tubes
  - Egg boxes
  - Junk mail and catalogues
  - Plastic bottles
  - Plastic pots, tubs, trays etc.
  - Glass jars and bottles
  - Cans, tins, aerosols and tin foil
  - Food and drinks cartons
- **× NO THANKS:**
  - Dirty cardboard (e.g. pizza boxes)
  - Shredded paper (unless placed in a paper bag or envelope)
  - Tissues & paper towels
  - Plastic bags
  - Plastic film
  - Crisp packets
  - Hard plastics (toys etc)
  - Polystyrene

Flatten down large cardboard boxes before putting them in the bin. Empty and rinse all containers. Squash plastic bottles. Remove film lids from plastic pots, tubs and trays.

### Rubbish
- **Collected:** every week
- **YES PLEASE:**
  - Non-recyclable rubbish
  - Dirty cardboard
  - Plastic bags and film
  - Polystyrene
  - Nappies (in a tied bag)
- **× NO THANKS:**
  - Anything recyclable
  - Electrical items
  - Hazardous waste
  - DIY waste

Line your indoor kitchen caddy with compostable liners or old newspaper (no plastic bags).